



Pennsylvania farmers are known for their environmentally sound growing practices – crop rotations, cover crops, contour strips, selected varieties and Integrated Pest Management (IPM) are some of the methods used to provide our safe, abundant, local farm products.

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**Local food
tastes better
because it's
fresher.**



**Get to know
where your food
comes from.**



Some Locally

grown food is only available during a short season and has a flavor all its own. And there's nothing like the taste of locally grown.

Local food

tastes better because it's fresher. It comes straight from the farm to your family.



Buying local

farm products keeps your dollars in your community, helps maintain open space, provides wildlife habitat, allows for ground water recharge and supports family farmers.

Local food

is a better value. You are getting quality, freshness, nutrition and taste. There is nothing between you and where your food is grown.

